

# Dine Discuss

## Educational Series for Fall 2009

### Full Dinner and Discussion

\$8.00 - all tickets

Reservations and payment required prior to the event.

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Go to [www.flhealth.org/events](http://www.flhealth.org/events) to reserve your seat today!**

#### **NEPHROLOGY: MORE THAN JUST DIALYSIS**

**Monday, October 19, 2009**

Jeffrey Rosenberg, M.D., Nephrologist

Learn all of the components of nephrology including what services a nephrologist can offer, the importance of early referral, and how to prevent needing dialysis in the future. The Essenhaus, Penn Yan, 6 p.m.

#### **DISC DISEASE & SCIATICA**

**Thursday, October 29, 2009**

James Inzerillo, D.C., M.D., Physiatrist

Numerous conditions frequently overlap with, or are misdiagnosed as disc herniation or sciatica. This is a common reason for patients to have continued pain after back or neck surgery. Discover how these conditions, as well as disc disease itself, either of cervical or lumbar origin, often respond to conservative, non-surgical treatments. Ramada Inn – Geneva Lakefront, 6 p.m.

#### **HEART DISEASE: KNOW YOUR MEDS**

**Wednesday, November 4, 2009**

Joseph Gomez, M.D., Cardiologist

Join us to learn about the variety of medications often prescribed to combat heart disease, what symptoms they treat, and important information you should know about side effects and interactions.

The Essenhaus, Penn Yan, 6 p.m.

#### **WHAT IS A MIGRAINE AND HOW DO I TREAT IT?**

**Thursday, November 12, 2009**

Dora Pita-Acevedo, M.D., Internal Medicine Physician

Migraines can be debilitating, however understanding the disease and taking a stepwise approach can often help to control their frequency and severity.

Belhurst Meritage Room, Geneva, 6 p.m.

#### **MEDICAL MANAGEMENT OF OSTEOPOROSIS**

**Monday, November 16, 2009**

Alan Chu, D.O., Internal Medicine Physician

In the US today, 10 million individuals are estimated to have osteoporosis. Learn the options available to treat this bone disease including a discussion of medications and their potential for adverse reactions and side effects. Ramada Inn – Geneva Lakefront, 6 p.m.

#### **SPINE SURGERY – IS IT NECESSARY?**

**Tuesday, November 24, 2009**

Steven D. Lasser, M.D., Orthopedic Surgeon

When is a spinal fusion the best option for low back disorders? Join us for an informative discussion to learn more. Ramada Inn – Geneva Lakefront, 6 p.m.

#### **NOT YOUR GRANDMOTHER'S HYSTERECTOMY ... ADVANCES IN GYNECOLOGICAL SURGERY**

**Tuesday, December 1, 2009**

Stephanie Ahmed, M.D., Obstetrician & Gynecologist

Attend this informative discussion and learn about new GYN surgeries available including laproscopic hysterectomy, robotic surgery, single port and NOTES surgery.

Belhurst Meritage Room, Geneva, 6 p.m.

#### **OLD & NEW CONCEPTS IN TOTAL JOINT REPLACEMENTS**

**Wednesday, December 9, 2009**

Olaf U. Lieberg, M.D., Orthopedic Surgeon

Join us for a comprehensive discussion comparing older and newer total joints such as: metal on metal hips, resurfacing hip replacement, to cement or not cement total joints as well as partial and total knee replacements.

Belhurst Meritage Room, Geneva, 6 p.m.