Improving the Health of the Communities We Serve
Advocacy and Help Lines

**CHILD ABUSE HOTLINE**
1-800-342-3720

**ADULT PROTECTIVE SERVICES**
Ontario County Adult Protective Services
585-396-4111

Seneca County Adult Protective Services
315-539-1860

Wayne County Adult Protective Services
315-946-4881

Yates County Adult Protective Services
315-531-3417

**Lifespan (Elder Abuse)**
585-244-8400

**OFFICE FOR THE AGING**
Ontario County office for the Aging
585-396-4040

Seneca County Office for the Aging
315-539-1765

Wayne County Department of Aging and Youth
315-946-5624

Yates County Area Agency on Aging
315-536-5515

**DOMESTIC AND SEXUAL ABUSE**

SAFE HARBORS OF THE FINGER LAKES
Ontario/Seneca – 800-247-7273
Yates – 315-536-2897

**NYS DOMESTIC VIOLENCE HOTLINE**
1-800-942-6906

**RAINN (RAPE, INCEST, ABUSE NETWORK)**
800-656-4673

**ALCOHOL AND DRUG COUNSELING**
Council on Alcoholism in the Finger Lakes
FLACRA
Finger Lakes Addiction Resource Center

**NEW YORK STATE OMBUDSMAN PROGRAM**
1-855-582-6769

**POISON CONTROL CENTER**
1-800-222-1222
Nutrition

COMMUNITY GARDENS
City of Geneva
Growing Geneva Together Community Garden Coalition
Ovid Community Garden
Penn Yan Community Garden
Seneca County Community Garden
Town of Geneva

FARMERS MARKETS
Finger Lakes Farmers Markets
Finger Lakes Eat Smart New York
Foodlink
Taste of Yates Local Food Guide

FOOD ASSISTANCE
WIC (Women, Infants and Children)
SNAP (Supplemental Nutrition Assistance Program)

HOME DELIVERED MEAL PROGRAMS
Ontario County
Office for the Aging
585-396-4040

Seneca County
Office for the Aging
315-539-1766

Wayne County
Home Meal Service, Inc.
315-946-5622

Yates County
Pro Action Yates Office for the Aging
315-536-5515

FOOD PANTRIES
Cayuga/Seneca Community Action Agency
23 Center Street
Waterloo, NY 13165
315-539-5647

Clifton Springs United Methodist Church Food Pantry
1 E. Main Street
Clifton Springs, NY 14432
315-462-2274

Geneva Center of Concern – Food Pantry
Geneva Residents only
58 Avenue D
Geneva, NY 14456
315-789-1117

Lyons Community Food Pantry
11 Queen Street
Lyons, NY
315-946-4178

Seneca County House of Concern
35 State Street
Seneca Falls, NY 13148
315-568-2433

Wellspring Food Distribution Center
22 Teft Avenue
Clifton Springs, NY 14432
315-548-6292
Education and Career Opportunities

**EDUCATION**
- Finger Lakes Community College
- Finger Lakes Health College of Nursing
- Hobart & William Smith Colleges
- Keuka College
- Marion S. Whelan School of Practical Nursing
- New York Chiropractic College
- Wayne-Finger Lakes Boces Adult and Continuing Education

**CAREER OPPORTUNITIES**
- Finger Lakes Health
- Finger Lakes Works
- New York State Department of Labor
- Indeed Job Search
- Career Builder
- Monster

Healthcare

**HEALTH SYSTEMS**
- Crouse Health
- Finger Lakes Health Provider Directory (FLH)
- Rochester Regional Health (RRH)
- SUNY Upstate
- University of Rochester Medical Center (URMC)

**HOME HEALTHCARE SERVICES**
- Lifetime Care - 315-331-7990
- UR Medicine Home Care – Finger Lakes Visiting Nurse Services (FLVNS) - 1-800-253-4439
- Visiting Nursing Association of Western New York - 607-622-6155
- HCR Home Care - 800-270-4904
- Kindred At Home - 866-546-3733

**PUBLIC HEALTH DEPARTMENTS**
- Common Ground Health
- Ontario County Health Public Health
- S2AY Rural Health Network
- Seneca County Public Health
- Wayne County Public Health
- Yates County Public Health
Healthy Lifestyle Options

RECREATION
You can find links to state, local parks and playgrounds and other recreation opportunities

State Parks
https://parks.ny.gov/regions/finger-lakes/default.aspx

Parks and Playgrounds
https://mapofplay.kaboom.org/

Outdoor Activities
https://www.fingerlakes.org/outdoors

Municipalities
City of Geneva Recreation Department
Phelps Community Center
Town of Seneca Falls Recreation & Parks Department
Waterloo Community Center
Yates Community Center

HEALTHY EATING/WEIGHT LOSS
Finger Lakes Health Weight Loss and Diabetes Prevention Support Group
Taking Pounds Off Sensibly (TOPS)
Weight Watchers
HOUSING
Geneva Housing Authority
315-789-8010

Seneca Housing, Inc.
(315) 568-2200

Keuka Housing Council
(315) 536-8707

Newark Housing Authority
(315) 331-1574

COUNTY YOUTH BUREAU
Ontario County Youth Bureau
Seneca County Youth Bureau
Wayne County Youth Bureau
Yates County Youth Bureau

INTELLECTUAL AND DEVELOPMENTAL DISABILITY SERVICES
ARC of Ontario
ARC of Yates
ARC of Seneca Cayuga
ARC of Wayne
Lochland School
There are many locations for residents of the Finger Lakes region to celebrate and recognize their faith. Below is a list of some of the local faith communities.

- Calvary Chapel
- First Presbyterian Church of Penn Yan
- First Presbyterian Church of Seneca Falls
- Geneva First United Methodist Church
- Geneva Places of Worship
- Grace Baptist Church (Geneva)
- Lyons Interchurch Council
- Mount Olive Missionary Baptist Church (Geneva)
- Our Lady of the Lakes Catholic Community
- Our Lady of Peace Parish (Geneva)
- Penn Yan First Baptist Church
- Penn Yan United Methodist Church
- Presbyterian Church (Geneva, Bellona, Oaks Corners, Waterloo, Phelps, Ovid)
- Seneca Bible Baptist Church (Seneca Falls)
- St. Francis and St. Clare Roman Catholic Community (Waterloo and Seneca Falls)
- St. Mark’s Episcopal Church (Penn Yan)
- St. Paul’s Full Gospel Baptist Church (Geneva)
- St. Peter’s Episcopal Church (Geneva)
- Temple Beth-El (Geneva)
- Trinity Church of Seneca Falls
Transportation

PUBLIC TRANSPORT – FIXED ROUTE

Ontario County
RTS – Ontario 585-394-2250

Seneca County
Seneca Transit/ RTS Seneca 315-539-1844

Wayne County
RTS – Wayne 315-946-5617

Yates County
Yates Transit 315-694-7700

ONTARIO COUNTY
All Around City Taxi 585-328-9111
Apple Transport 585-427-7330
ASAP Cab Company 607-532-2727
Auburn Medical Transport 315-237-2814
CJ-Mak Transportation 585-943-0500
Farmington Taxi 585-230-7307
Finger Lakes Bus (Ontario ARC) 585-394-1987
Jet Karriers 315-952-0968
Keuka Taxi (ONLY Geneva) 315-870-0591
K&L Medical Transportation 315-589-2234
Newark-Arcadia Vol Amb/ WC 315-331-0660
Pat’s Taxi Service, Inc 585-394-1620
RG Transportation 585-727-6093
Rochester Med Trans (RMT) 585-288-3444
RTS – Ontario (Dial-A-Ride) 585-394-2250
The Other Taxi 315-796-5625
Todd’s Taxi Service 315-759-3450

SENeca COUNTY
ASAP Cab Company 607-532-2727
Auburn Medical Transport 315-237-2814
CJ-Mak Transportation 585-943-0500
Deluxe/ Any Taxi 315-252-1222
Jet Karriers 315-952-0968
Nu-Cab 315-532-4883

WAYNE COUNTY
All Around City Taxi 585-328-9111
ASAP Cab Company 607-532-2727
Auburn Medical Transport 315-237-2814
Charles Hunter Medical 315-587-5060
CJ-Mak Transportation 585-943-0500
F&T 315-879-7601
Jet Karriers 315-952-0968
K&L Medical Transport 315-589-2234
MedCare Transportation 585-262-2417
Metro Trans 585-328-8030
Newark-Arcadia Vol Amb/ WC 315-331-0660
REZ Taxi 315-730-8116
RG Transportation 585-727-6093

YATES COUNTY
Auburn Medical Transport 315-237-2814
ASAP Cab Company 607-532-2727
CJ-Mak Transportation 585-943-0500
ARC of Yates 315-536-7447
Christian Cab Service 315-536-1273
F&T 315-879-7601
Lundy/Finger Lakes Medical 607-535-6062
Keuka Taxi 315-870-0591

RIDE SHARE
Lyft
Uber