



Pre-Operative Instructions for ENDOSCOPY

1. The Gastroenterologist/Surgeon's Office will notify you at which location you are scheduled to have surgery, either Finger Lakes Surgery Center or Geneva General Hospital.
2. Expect a phone call three days prior to the procedure with your arrival time. If you have not received a phone call with your arrival time, please call 315-787-4533 for Geneva General Hospital or 315-230-5505 for the Finger Lakes Surgery Center to get further instructions, between the hours of 06:30 a.m. and 04:30 p.m..
3. The Finger Lakes Health on-line portal provides **procedure** times. **Arrival time** is approximately 45 minutes to 1 hour before your scheduled procedure time.
4. All patients must have a responsible adult, over the age of 18, who can act on the patient's behalf in the unlikely event of an emergent situation where the patient is unable to act on their own behalf. The responsible adult must be immediately available by phone at a minimum. After the procedure, the patient is **not** allowed to drive and a responsible adult must accompany the patient when discharged. A hired transportation service requires a responsible adult to accompany the patient during transport, aside from the driver.
5. Patients that are scheduled to have an Anesthesia Provider during the procedure will be required to sign consents on the day of the procedure. If a designated power of attorney is required, please contact Geneva General Hospital at 315-787-4533 or Finger Lakes Surgery Center at 315-230-5505 in advance to make arrangements.

General Instructions for the day of ENDOSCOPY procedure

- Follow the detailed instructions regarding your **diet and bowel prep** provided by your physician's office. Incomplete prep may require your physician to re-schedule the procedure.
- **Clear fluids** (water, black coffee, clear juice, carbonated beverages) must stop 2 hours prior to your arrival time.
- **Do Not** drink any alcohol or smoke/vape any type of tobacco products within 24 hours.
- Take all **medication** as instructed by your ordering physician, prior to your arrival time, with a sip of water. Bring a list of medications with dates and times of the last dose.
- Dental hygiene as normal. Shower with an antibacterial soap, such as Dial or Safeguard, the night prior to your procedure. Hair Spray is flammable and must be washed from the hair. Remove all nail polish and make-up.
- To avoid having rings cut off on the day of surgery, remove all rings, piercings and other jewelry. Wear loose, comfortable clothing. Wear glasses, not contacts.
- Dentures and hearing aids may need to be removed, therefore have a container or receptacle to hand over to your immediate support person.



- It is critical that you notify your surgeon in advance if you are experiencing cold symptoms, such as fever, sore throat, or any type of infection.
- Prior to your procedure, please contact your insurance carrier for coverage information. Pre-authorization may be required. Please be aware that you may receive up to three different invoices, one from the physician, one from the hospital and one from anesthesia. If your procedure does not require the services of anesthesia, then you will not be billed.